Crossroads Middle School will be running an interscholastic spring sports program, with **tryouts starting Monday, April 12, 2021** (not Tuesday, April 6 as previously stated, due to the recent schedule change to virtual learning the week following spring break). The program will include competition with surrounding schools in softball, baseball, boys lacrosse, girls lacrosse, and coed tennis for grades 6,7 and 8, and track and field for grades 7 and 8.

-Sports forms for boys lacrosse, girls lacrosse, baseball and softball are due no later than March 22, (not March 15th as originally posted).

- **Sports forms for tennis and spring track are due no later than March 15, 2021. Forms for tennis or spring track will not be** accepted after the March 15th deadline. THERE WILL BE NO EXCEPTIONS. Please plan accordingly.

- Forms completed by parents/students must be current, signed and dated within 90 days prior to the first day of tryouts.

-Completed forms can be dropped off at your child's designated school during school hours. A box for collection will be placed in the main entrance hallway.

WHAT FORMS DO I NEED TO HAND IN:

1. If you DO NOT have a current physical on file in your Health Office - click here to download forms –A, B, C, E, F, G, D Also see B below

If you answered "YES" to any question on Form D, click here to access and complete follow up form

2. If you DO have a current physical on file in your Health Office - click here to download forms – A, C, D, G Also see B below

If you answered "YES" to any question on Form D, click here to access and complete follow up form

REMEMBER: Forms (A, B, C, D, G) completed by parents/students MUST be signed and dated within 90 DAYS prior to the first day of tryouts.

REMEMBER: Sport Physical forms (E, F) are good for **one year** but must meet the above definition and be signed, dated and stamped by the physician

B. ADDITIONAL MEDICAL FORM REQUIREMENTS FOR STUDENTS WITH ASTHMA, EPI-PEN ALLERGIES, DIABETES OR SEIZURES:

These medical forms are valid for the current school year only and must be submitted to your Health Office at the beginning of each new school year or when first diagnosed. Clearance to participate in a sport cannot be approved if these forms are not received. Attach them to the sport form if not already on file.

Epi-Pen Users:

Emergency Health Care Plan and Medication Orders for Life Threatening Allergies

Inhaler Users: Any student who uses an inhaler regardless of diagnosis
Asthma Treatment Plan
Asthma Questionnaire

Diabetes:
Diabetes Medical Management Plan
Diabetes Management Questionnaire
Seizure:
Seizure Health Care/Emergency Plan